

Baby Weekly Meal Plan (Daily Table Format)

Day	Breakfast	Snack	Lunch	Evening Snack	Dinner	Night
Monday	Curd + Banana	Paneer	Fish + Tomato	Papaya	Paneer + Ghee	Milk
Tuesday	Curd + Orange	Honey Water	Chicken + Tomato	Grapes	Egg (1/2)	Curd
Wednesday	Curd + Banana	Paneer	Fish	Guava	Paneer + Tomato	Milk
Thursday	Curd + Papaya	Grapes	Chicken	Banana	Egg	Curd
Friday	Curd + Musambi	Paneer	Fish + Tomato	Cherry	Paneer + Ghee	Milk
Saturday	Curd + Banana	Kaju (2–3 pcs)	Chicken	Grapes	Egg	Curd
Sunday	Curd + Papaya	Honey Water	Fish	Musambi	Paneer	Milk